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Sexual Maturity Signs and Histological Alterations of Adult *Oreochromis Niloticus* (Linnaeus, 1758) Fed Probiotic

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Abstract

The accelerated growth of aquaculture industry in the past decades has resulted in environmental damages and low productivity of various aquatic organisms including fish, which seriously need for increased using of dietary probiotics in aquaculture practices. Thus, the present study was conducted to evaluate the effects of the graded levels of a newly dietary probiotic Hydro yeast Aquaculture® on morphological, anatomical of sexual maturation and histological characteristics of the gonads of both sexes of adult Nile tilapia, *Oreochromis niloticus* for 8 weeks. A total of 240 fish (120 males and 120 females) were separately distributed into eight homogeneous treatments as 0 (T<sub>0</sub>, as a control), 5 (T<sub>5</sub>), 10 (T<sub>10</sub>), and 15 g (T<sub>15</sub>) Hydro yeast Aquaculture® Kg<sup>−1</sup> diet (T<sub>y</sub>) for males and the same levels of tested probiotic (T<sub>p</sub>, as a control, T<sub>p5</sub>, T<sub>p10</sub>, and T<sub>p15</sub>) for females. The obtained results revealed that both fish sexes fed the different levels of tested probiotic achieved the positively effects on the gonads morphological, anatomical and histological forms compared to fish fed diet free probiotic. Based on the obtained results, it could be concluded the valuable addition of 15 g Kg<sup>−1</sup> diet (T<sub>y</sub>) and 10 g Kg<sup>−1</sup> diet (T<sub>y</sub>) of Hydro yeast Aquaculture® for adult *O. niloticus* males and females, respectively to enhance the morphological, anatomical of sexual maturation and histological characteristics of the gonads, which consequently lead to realize the sustainability and increase the profitability in the fish hatcheries.

Keywords: Aquaculture; Probiotic; Feed Additives; Nile Tilapia; Fish Reproduction.

Abbreviations: GA FRD: General Authority for Fish Resources Development; BD: Basal Diet; CFU: Colony Forming Units; H: Hematoxyline; E: Eosin; SCY: Spermatocytes; YG: Yolk Globules; YV: Yolk Vesicles; SPZ: Spermatozoa.

Introduction

Aquaculture is a highly economic yield projects, if achieved correctly. It is the fastest growing production sector all over the world. Where, it’s the world wealth coming expansion to reimburse the shortage in animal protein [1]. Globally, total fish production peaked at about 171 million tonnes in 2016, where total aquaculture production has grown extremely during the last fifty years from a production of less than a million tonne in the early 1950s to 80.0 million tonnes (54.1 million tonnes of finfish, 17.1 million tonnes of molluscs, 7.9 million tonnes of crustaceans and 938.5 metric tonnes of other aquatic animals) by 2016. This level of aquaculture production had a value of US$ 232 billion [2].

Tilapias are among the most produced farmed fish in the world. Particularly, Nile tilapia, *Oreochromis niloticus* is one of the most produced and economic freshwater fish species not only in the worldwide, but also in Egypt. Where, the latest Egyptian statistics of fish production revealed that tilapias are considered as the major cultured species; they contributed about 74.52% (875.5 metric tonnes) of the total aquaculture production (1174.8 metric tonnes) [3]. The adaptability to a wide environmental and dietary conditions justifies their success. The expected population growth requires the development of more efficient and productive food production systems [2]. Although tilapia presents the good supra cited attributes for aquaculture, the intensification of the production can be associated with the sufficient of fry by improving the reproductive performance [4].

Feeds play an imperative role in both of the practical and economic aspects of the fish production cycle. Feed additive sectors are...
growing day after day to realize the better growth and health for fish and shrimp, as well as to meet the potential requirements of the fish farmers [5]. Feed additives may be both nutritive and non-nutritive ingredients and work by either direct or indirect methods on the animal’s system [6, 7]. Currently, there are more sustainable ways to improve the health and performance of tilapia by complementing feeds with functional foods [8]. Functional feed additives are available to regulate growth performance and health of cultured fish, improve their immune systems, induce physiological benefits, and led to improve aquaculture profit beyond traditional feeds. These functional feed additives including probiotics, prebiotics, immunostimulants, phytochemical substances, enzymes, mycotoxin binders and organic acids [6, 9].

Current strategies can include diet supplementation with probiotics or ‘live organisms that, when administered in acceptable amounts, confer a health benefit on the host’ [10]. Probiotics are very promising in animal production, especially in aquaculture, given the abundance of pathogen and other antigenic stimulus in aquatic environment and their intimate contact with the animals [11]. Using of probiotics is an imperative management tool in aquaculture sector, but their effectiveness depends on understanding the nature of competition between species or strains. Probiotics exhibited promising application in aquaculture, but still needs extensive attempts of research [12]. Many researches were increasable conducted into the use of probiotics for aquaculture with the demand for environment-friendly sustainable aquaculture[1]. Furthermore, nowadays probiotics are quite commonplace in health promoting “functional foods” for humans, as well as therapeutic, prophylactic and growth supplements in animal production and human health [13, 14]. Where, the method of probiotic establishment can be summarized in three steps, attraction, association into the surface secreting gel and ended by attachment to animal tissue cells [15].

Probiotics demonstrated their successes in human and animal feeding practices and recently gained attention in aquaculture [5]. Thus, several types of dietary probiotics were used of different fish species, partially in O. niloticus for improving the growth performance [16, 17], water quality [18, 19], physiological [20, 21], and immune responses [4, 22], and intestinal morphology [23, 24]. However, few attempts have been attentive on the role of probiotic on the reproductive development with special emphasis to the marine [25] or ornamental fish [26-28]. Whereas the effects of probiotics on freshwater fish species have been investigated to a limited extent [29, 30]. Although, many applications of probiotics in aquaculture more recently documented by Dawood et al., [31] not included the reproductive performance in pre-spawning or spawning stages of the fish. Moreover, in our knowledge not any research was focused on the effect of probiotics on the morphological, anatomical and histological traits of the fish gonads in the pre-spawning stage, as the potential biological indicators for the reproductive performance of broodstock in the spawning period. Consequently, the objectives of the present study were unique to evaluate the effects of the graded levels of a newly commercial dietary probiotic Hydroxyeast Aquaculture® for 8 weeks on both sexes of adult Nile tilapia O. niloticus (in the pre-spawning stage), concerning their morphological, anatomical of sexual maturation and histological characteristics of the gonads.

### Materials and Methods

#### The Experimental Management

Both sexes of adult Nile tilapia, O. niloticus with an average initial body weight (83.4 ± 0.001 g) for males and (80.1 ± 0.002) for females. Fish were purchased from the Integrated Fish Farm at Al-Manzala (General Authority for Fish Resources Development (GAFRD) – Ministry of Agriculture) Al-Manzala, Al-Dakhilia Governorate, Egypt. Fish were stocked into a rearing tank for two weeks as an adaptation period, during that fish were fed a commercial basal diet (BD). A total of 240 fish (120 males and 120 females) were separately distributed into eight homogeneous treatments (as three replicates (tanks) per treatment, Table 1). Fish were stocked at 10 fish m³ per tank. Each tank (1m³ in volume) was supplied with an air stone connected to an electric compressor. Waste was removed from each tank by siphoning, then fresh underground water was used to change one third of the water every day.

The tested probiotic, Hydroxyeast Aquaculture® formula was comprised of oligosaccharides (50,000 ppm); enzymes (amylase $3.7 \times 10^8$, protease $5 \times 10^4$, cellulose $2 \times 10^9$, pectinase $1 \times 10^9$, xylanase $1 \times 10^7$, phytase $3 \times 10^3$ units Kg¹); live yeast (5 × 10¹³ colony forming units (CFU) Kg¹); and probiotics bacteria (Lactobacillus acidophilus, Bifidobacterium longum, B. thermophylus, Streptococcus faecium 22.5 × 10⁶ CFU Kg¹ each). It was produced by Agranco corp., Gables, International Plaza Suite, No. 307, 2655 Le Jeune Rd., 3rd Floor, Coral Gables, Fl 33134, USA.

The commercial BD used in the present study contains 25% crude protein, which was purchased from Al-Manzala manufacture for fish feed, the Integrated Fish Farm at Al-Manzala (GAFRD - Ministry of Agriculture), Al-Dakhilia Governorate, Egypt. The

### Table 1. Details of the experimental treatments.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Details</th>
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<tr>
<td>$T_{0}^{+}$</td>
<td>Basal diet (BD) + 0.0 g Hydroxyeast Aquaculture® Kg¹ diet (as a control)</td>
</tr>
<tr>
<td>$T_{a}^{+}$</td>
<td>Basal diet (BD) + 5.0 g Hydroxyeast Aquaculture® Kg¹ diet</td>
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<tr>
<td>$T_{b}^{+}$</td>
<td>Basal diet (BD) + 10.0 g Hydroxyeast Aquaculture® Kg¹ diet</td>
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<tr>
<td>$T_{c}^{+}$</td>
<td>Basal diet (BD) + 15.0 g Hydroxyeast Aquaculture® Kg¹ diet</td>
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<tr>
<td>$T_{d}^{-}$</td>
<td>Basal diet (BD) + 0.0 g Hydroxyeast Aquaculture® Kg¹ diet (as a control)</td>
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<tr>
<td>$T_{e}^{-}$</td>
<td>Basal diet (BD) + 5.0 g Hydroxyeast Aquaculture® Kg¹ diet</td>
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<tr>
<td>$T_{f}^{-}$</td>
<td>Basal diet (BD) + 10.0 g Hydroxyeast Aquaculture® Kg¹ diet</td>
</tr>
<tr>
<td>$T_{g}^{-}$</td>
<td>Basal diet (BD) + 15.0 g Hydroxyeast Aquaculture® Kg¹ diet</td>
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commercial BD is consisted of some ingredients such as yellow corn, rice bran, soybean meal (44%), fish meal (65%), salts, calcium carbonate, vegetable oil, vitamins and minerals premix, Di-nitro bio (Anti oxidant) and Bintonite (as banding agent) according to the manufacture's formula. The commercial diet was ground to add the different levels of tested probiotic, Hydrocast Aquaculture® as shown in Table 1, and then all diets were repelleted. The experimental diets were introduced manually twice daily at 9.0 am and 15.0 pm into 3% of the fish total biomass.

Secondary Sexual Maturation Characteristics

Five males and five females of *O. niloticus* in each treatment were randomly chosen and anesthetized by transferring into a small plastic tank containing 10L water supplemented with 3mL pure clove oil (dissolved in 10mL absolute ethanol). Then, the secondary sexual maturation characteristics were recorded by digital camera after four weeks and at the end of the experiment (8th week). However, the anatomical observations of both sexes were recorded only at the end of the experiment. Where, both fish sexes were anesthetized and sacrificed for the anatomical examination. The digital camera was used for recording the secondary sexual maturation and anatomical signs in the experimental fish, CASIO, Exilim optical 3x, 6.0 Mega pixels, 2.5” LCD, Anti-shake DSP, CASIO Computer Co., LTD, Tokyo, Japan.

Gonads Histological Examinations

At the end of the experiment (8th week), fish males and females were anesthetized by the same above anesthetic and sacrificed, where the target organs (gonads) were sampled. Samples were fixed in 10% neutralized formalin solution followed by washing with tap water, then dehydrated by different grades of alcohol (70, 85, 96 and 99%). Samples were cleared by xylene and embedded in paraffin wax. The wax blocks were sectioned to six microns. The sections were stained by hematoxyline (H) and eosin (E), and then subjected to a histological examination for gonads (testis and ovaries) according to Roberts [32].

Results

Morphological of Secondary Sexual Maturation Characteristics

**Male:** Morphologically, the secondary sexual maturation signs of adult males *O. niloticus* at the 4th week were illustrated in Figure 1 (a, b, c and d); while Figures (e, f, g and h) showed these signs at the 8th week (the end of the experiment), which were appeared as dispersing the red color patches on the ventral side, pectoral fins and caudal fin. These signs gradually increased by adding graded levels of the tested Hydrocast Aquaculture® probiotic especially in T1 (15g probiotic Kg1 diet) compared to the control treatment free inclusion of tested probiotic (T0).

**Female:** The secondary sexual maturation signs of adult females *O. niloticus* at the 4th week were illustrated in Figure 2 (a, b, c and d); while Figures (e, f, g and h) showed these signs at the end of the experiment (8th week), which were appeared as increasing the abdomen, project the genital orifice and the eggs emerged from it. These signs gradually increased by adding the graded levels of the tested probiotic especially in T1 (10 g probiotic Kg1 diet) compared to the control treatment free from the tested probiotic (T0).

Anatomical of Secondary Sexual Maturation Characteristics

**Male:** Anatomically, the sexual maturation signs of adult males *O. niloticus* at the end of the experiment (8th week) were illustrated in Figure 3 (a, b, c and d), which showed the biggest testis in T1, T2 and T3 compared to the control group (T0). These signs reflected the positive effects of dietary supplementation of the graded levels of the tested probiotic, especially in T0 compared to the control treated diet free from the tested probiotic (T0).

**Female:** The sexual maturation signs of adult females *O. niloticus* at the end of the experiment were illustrated in Figure 4 (a, b, c and d), which showed maturation green-yellowish eggs in fish ovaries especially in T1, followed by T2 and T3 compared to the control group (T0). These signs reflected the positive effects of dietary graded levels of tested probiotic especially in T0 compared to the control diet free from the tested probiotic (T0).

Histological Examination of the Gonads

**Testes:** Testes of adult males *O. niloticus* fed BD only (T1, as a control) showed normal structure of seminiferous tubules filed with spermatocytes (scy) (Figure 5a). Yet, dietary supplementation of 5g Hydrocast Aquaculture® probiotic Kg1 diet (T2) showed normal structure of seminiferous tubules filed with scy and spermatids (st) (Figure 5b), which cleared by microscopic high magnification (Figure 5c). However, adult males *O. niloticus* fed 10 g probiotic Kg1 (T3) showed normal structure of seminiferous tubules, lumen which, filled with scy and st (Figure 5d), whereas in the same treatment (T3), microscopic high magnification revealed clearly scy and st within the lumen of seminiferous tubules (Figure 5e). Meanwhile, fish fed probiotic at level of 15 g Kg1 diet (T4) showed normal structure of semineferous tubules, lumen filled with scy and st and interstitial tissue (Figure 5f). Also, by high magnification in the same treatment (T4) showed spermatozoa (spe) absolutely, cleared in the lumen of seminiferous tubules (Figure 5g). Thus, it could be noted that all of these histological development in testis of experimental fish due to dietary supplementation of tested probiotic.

**Ovary:** The histological examination in ovaries of adult females *O. niloticus* fed BD (as a control, T1) showed normal structure of ovarian lamellae, which contains oocytes at various stages of oogenesis (Figure 6a), as well as, in the same treatment (T1) by high magnification Figure (6b) showed oocytes in primary stage. However, fish fed Hydrocast Aquaculture® probiotic at level of 5 g Kg1 (T2) showed normal structure of ovarian lamellae, which contains oocytes at various stages of oogenesis and oocytes in yolk vesicles (YV) stage (Figure 6c). Yet, fish fed dietary probiotic at level of 10 g Kg1 (T3) showed oocytes in yolk globules (YG) and YV stages (Figure 6d). From other hand, fish fed 15 g probiotic Kg1 diet (T4) showed oocytes in late vitellogenic stage (Figure 6e) and in ripening stage (Figure 6f).

Discussion

Sexual dimorphic characteristics vary, but color patterns are useful to differentiate some, and urogenital features permit the sexing of
Figure 1. Secondary sexual maturation signs (arrows) of adult males *O. niloticus*, (a) T₁ as a control; (b) T₂; (c) T₃ and (d) T₄ at the 4ᵗʰ week, and (e), (f), (g) and (h) at the 8ᵗʰ week of the experiment.

Figure 2. Secondary sexual maturation signs (circles) of adult females *O. niloticus*, (a) T₅ as a control; (b) T₆; (c) T₇ and (d) T₈ at the 4ᵗʰ week, and (e), (f), (g) and (h) at the 8ᵗʰ week of the experiment.

Figure 3. Testes anatomical signs (arrows) of adult males *O. niloticus* at the 8ᵗʰ week of the experiment, (a) T₁ as a control; (b) T₂; (c) T₃ and (d) T₄.
Figure 4. Ovaries anatomical signs (arrows) of adult females *O. niloticus* at the 8th week of the experiment, (a) T$_5$ as a control; (b) T$_6$; (c) T$_7$ and (d) T$_8$.

![Figure 4](https://scidoc.org/IJAAP.png)

Figure 5. Transverse section in testes of adult *O. niloticus*, (a): fed BD (T$_1$, control) (× 100, H&E stains); (b): fed 5g probiotic Kg$^1$ diet (T$_2$) (× 100, H&E stains); (c): High magnification of T$_1$ (b) (× 400, H&E stains); (d): fed 10g probiotic Kg$^1$ diet (T$_3$) (× 100, H&E stains); (e): High magnification of T$_2$ (b) (× 400, H&E stains); (f): fed 15g probiotic Kg$^1$ diet (T$_4$) (× 100, H&E stains); (g): High magnification of T$_3$ (d) (× 400, H&E stains).

![Figure 5](https://scidoc.org/IJAAP.png)

Figure 6. Transverse section in ovary of adult *O. niloticus* (a): fed BD (T$_1$, control) (× 80, H & E stains); (b): High magnification of T$_1$ (× 160, H & E stains); (c) fed 5g probiotic Kg$^1$ diet (T$_2$) (× 160, H & E stains); (d): fed 10g probiotic Kg$^1$ diet (T$_3$) (× 400, H & E stains); (e): fed 15g probiotic Kg$^1$, diet (T$_4$) (× 400, H & E stains).

![Figure 6](https://scidoc.org/IJAAP.png)
adult fish. The papilla of males is slightly larger, more pointed, and has a single terminal urogenital opening, whereas the papilla of the female has a subterminal urinary pore and a horizontal slit like genital opening midway between the tip and anus [33]. Present findings of morphological sexual maturation characteristics of adult males and females O. niloticus increased gradually by dietary tested probiotic especially in T 4 and T 5 , respectively, compared to the control treatments (T 1 & T 2 ) at 4 th week or at 8 th week, as well as anatomical sexual maturation signs at 8 th week, which reflected the maturation of gonads and highly related with the reproductive physiological findings reported in a complementary study to the present study by Mehrim et al., [29].

In all the O. niloticus spp. males grow faster and to a larger size than females. This difference in growth is pronounced after the onset of sexual maturity, and several factors are considered relevant [33]; as the importance of territory in reproductive strategy, which may have favored the selection of larger males; the anabolic effects of androgens; the greater energy requirement for egg formation than for testicular development; the lack of feeding during brooding by females. In adult tilapia males the genital papilla has only one opening (the urinary pore of the urogenital opening) through which both milt (sperm) and urine pass. However, in females the eggs exit through a separate oviduct and only urine passes through the urinary pore. Examination of the genital opening can therefore be used to determine the sex of tilapia, once a size of approximately 30 gram is reached [34]. Moreover, the description of stages provides information about the extension of the gonad in relation to the body cavity as well as the width of the gonad at the widest point. Relative size, shape, consistency and structure are the most important characteristics distinguishing maturity stages. Differences in colour between maturity stages that occur during development due to yolk and sperm formation. The colour is a more prominent trait in females than males, as the variation in colour between testes in different maturity stages is subtler than for ovaries [35].

Gonadal development is a continuous process, but specific histological characteristics can be used to classify stages of gonadal development during the reproductive cycle [35]. Thus, several stages of spermatogenesis in adult males O. niloticus (spermatocytes, spermatid and spermatozoa) in the present study similar with those reported by Miska [36]. In addition, secondary spermatocytes were illustrated by darkly staining chromatins as in other teleost fish. Meanwhile, spermatozoa were concentrated in the lumen [37, 38]. In the seminiferous epithelium, spermogenesis takes place within cysts or spermatocysts that are formed when a single spermatagonia (primary or type A spermatogonia) is completely enclosed by Sertoli cells [39, 40]. Spermogenesis is a complex biological process of cellular transformation that produces male haploid germ cells from diploid spermatogonial stem cells [41, 42]. From the histological point of view, at the present study, several stages of spermogenesis were detected in adult males O. niloticus fed dietary tested probiotic especially T 4 compared to the control (T 1 ) group (Figure 5 a-g), which highly associated with the morphological sexual maturation characteristics (Figure 1 a-h) and anatomical sexual maturation signs of testes (Figure 3 a-d). Similarly, these findings are also strongly related with the significantly increased of total testosterone, testes weight, gonado somatic index, sperm quality parameters of adult males O. niloticus fed Hydrolyeast Aquaculture® probiotic reported by Mehrim et al., [29].

Based on the histological findings of ovaries in the present study, fish fed graded levels of the tested probiotic, especially in T 4 (10 g Kg -1 diet). The superiority of this treatment related with its respectable reproductive physiological results, concerning the highest serum progesterone, egg diameter, and highest fecundity of adult females O. niloticus previously stated by Mehrim et al., [29]. This advantage of T, among other treatments also may be related with the role of tested Hydrolyeast Aquaculture® probiotic to enhance host enzyme secretion which, increase the digestive efficacy of the complex proteins and lipids included in the diet thus, increasing feed digestion and absorption by the host. These findings are strongly agreement with those reported by Tovar et al., [43] and Ghosh et al., [26, 44]. Since, there were positive correlation between the presence of proteins and fatty acids in the brood stock diet and reproductive-related factors such as better oocyte development and maturation, higher rate of vitellogenesis and larger egg size [26, 45]. Moreover, Abassali and Mohamad [46] also reported that the commercial probiotic (Primalac®) could be enhanced the reproductive performance of platy-fish broodstock Xiphophorus maculates during different reproductive stages.

In the present study, the histological examination of adult females O. niloticus ovaries revealed the presence of different development stages of oocytes (Figure 6 a-i). These observations were accordingly with those reported by Wallace [47]; West [48]. Whereas, major developmental events can be divided into six phases: oogenesis, primary oocyte growth, cortical alveolar stage, vitellogenesis, maturation and ovulation [38]. Oocytes of all developmental stages were found throughout the reproductive cycle indicating that T. zillii possess asynchronous ovaries [49]. Oocytes undergo the same basic pattern of growth in all teleost species studied. Even within an individual oocyte, there are likely to be periods when these growth phases overlap [50]. Moreover, even in synchronous ovaries, two or three phases may occur simultaneously [38], where similar structures were also reported by Hussein [51]. Likewise, the microscopic criteria applied in the classification of ovarian development are based on oocyte characteristics such as the formation of cortical alveoli, degree of yolk accumulation and nuclear migration [35].

The immunostimulatory effects of several feed additives differ by fish species, route of management, dose, duration and association with other immunostimulants were intensively reported [52]. Generally, the obtained results herein revealed that the probiotic incorporated diets helped to increase the reproductive performance and gonads maturation of both sexes of adult O. niloticus. Where, the stimulatory role of tested probiotic on the appearance the morphological and anatomical alterations and enhancement the histological structure of gonads of both sexes O. niloticus may be due to both the activation of the neuroendocrine system that regulates the reproduction process and to local factors that control oocyte development and maturation. These findings are in agreement with those obtained by Ghosh et al., [26] who reported that using 10 10 –10 10 cells of Bacillus subtilis g -1 diet increased the reproductive performance parameters and production of fry from the females of four species of ornamental fishes. Thus, these authors proposed that complex B vitamins synthesized by the probiotic, especially thiamine (vitamin B 1 ) and vitamin B 12 , contribute to reduce the number of dead or deformed offspring. Moreover, Abassali and Mohamad [27] stated that significant differences between the control and probiotic-treated groups.
of X. bulleri in the total production of fry per female and the relative fecundity seriously related with the probiotic treatment.

Finally, positive effects of tested probiotic herein on the morphological, anatomical and histological traits of gonads of adult O. niloticus males and females were significantly detected compared to fish fed free diet of probiotic. The effectiveness of tested probiotic may be mainly depending on several factors i.e. the formula of probiotic, supplementation form, vector of administration, dosage level and duration of application [53]. Where, Merrifield and Ringo [11] also reported that the efficacy of probiotic is host, strain, dosage and exposure time dependent. Moreover, different modes of action are documented on the potential probiotic like antagonism to pathogens [54, 55], ability of cells to produce metabolites (like vitamins) and enzymes, colonization or adhesion properties [56], and enhance the immune system [57]. Additionally, probiotic bacteria established in the gut enhance broodstock and larval nutrition by synthesizing essential nutrients (proteins and essential fatty acids) and enzymes (amylase, protease and lipase) [58]. Whereas, probiotic bacteria in the fish intestine improves host enzyme secretion by the superior maturation of fish intestinal secretory cells [43], which increases the digestive efficacy of the complex proteins and lipids included in the diet. Proteins and fatty acids are very important constituents of the yolk and their presence in diet consequently supports good oocyte development and maturation and a higher rate of vitellogenesis [59]. Besides the regulation of reproductive physiology, essential fatty acids also supply energy to tolerate the spawning activities. Probiotic bacteria also produce B group vitamins [60], which could have played a key role in the elevated reproductive performance of the probiotic feed-fed fish [61].

Conclusion
From the obtained results, it could be concluded the usefulness of dietary addition of a newly commercial probiotic Hydrocoast Aquaculture® for enhancement the morphological, anatomical of sexual maturation and histological characteristics of the gonads in the pre-spawning stage at level of 15 g probiotic Kg diet (T1) and 10 g probiotic Kg diet (T2) for adult O. niloticus males and females, respectively. Additionally, more advanced studies related with the effect of functional feed additives, including probiotic, prebiotic, symbiotic, micro- and macro algae, and organic acids on different fish reproduction stages, particularly in pre-spawning stage, also on the broodstock nutritional-reproductive relationship, and its effects on embryo and larval development, survival and growth, especially in marine fish hatcheries are seriously required. Thus, it is expected that probiotics will be used to reduce the cost of fish hatcheries by improving the reproductive performance of broodstock, and decreasing the feed cost per unit of producing healthy fish offspring, that consequently lead to the environmentally sustainable aquaculture industry.

References
[3]. GAFRD (General Authority for Fishery Resources Development); 2016.


