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# Awareness Of Biomedical Applications Of Reactive Oxygen Species Generation By Titanium Nanoparticles Among Dental Students

Research Article

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#### Abstract

**Introduction:** Some NPs, once released into the body through different internalization methods such as oral, parenteral, inhalation administration and skin adsorption, can affect redox homeostasis both by generating ROS or lessening scavenging pathways. Titanium dioxide (TiO2) is one of the most extensively used nanomaterials for several applications, but the photocatalytic properties of TiO2NPs have raised many issues as a result of ROS generation while UV irradiation is performed. **Aim:** This survey was conducted for assessing the awareness of Biomedical Applications of Reactive Oxygen Species Generation by Titanium Nanoparticles among dental students.

**Materials and Method:** A cross-section research was conducted with a self-administered questionnaire containing ten questions distributed amongst 100 dental students. The questionnaire assessed the awareness about Reactive Oxygen Species Generation by Titanium Nanoparticles, their photocatalytic properties, anti-cancer properties, prooxidant effects, mechanism of action and toxicity effects, The responses were recorded and analysed.

**Results:** 10% of the respondents were aware of the Biomedical Applications of Reactive Oxygen Species Generation by Titanium Nanoparticles. 9 % were aware of photocatalytic properties of Titanium Nanoparticle, 9 %, 5% were aware of anticancer activities of Titanium Nanoparticles, 5% were aware of prooxidant effects of Titanium Nanoparticles and, 5% were aware of mechanism of action and toxicity effects, of Titanium Nanoparticles.

**Conclusion:** There is limited awareness amongst dental students about Biomedical Applications of Reactive Oxygen Species Generation by Titanium Nanoparticles. Enhanced awareness initiatives and dental educational programmes together with increased importance for curriculum improvements that further promote knowledge and awareness of Titanium Nanoparticles therapy.

Keywords: Awareness; Titanium; Nanoparticles; Students; Medicinal; Reactive Oxygen Species.

### Introduction

Nanoscience refers to the study and application of tiny materials with dimensions equal to or less than 100 nm of which many other fields, such as material science, engineering, physics, chemistry, biology and medicine, can take advantage. One of the most active areas of research in this field is the study and the development of nanostructured materials (NSMs) and nanoparticles (NPs) [1] NSMs and NPs have unique tunable physicochemical features such as catalytic activity, electrical and thermal conductivity, light absorption and scattering that, starting from bulk counterparts, allow enhanced performance to be exploited by many different areas such as food industry, agriculture, cosmetics and, of course, medicine . In the latter area, NSMs and NPs have found suitable applications in fluorescent biological labeling, pathogen detection, protein analysis, DNA structure probing, tissue engineering, separation and purification of cells and biological molecules magnetic resonance imaging (MRI) contrast enhancement, drug and gene delivery [2].

Particularly, in more recent decades, NPs have been successfully used in the clinic as effective tools for alternative therapy such as

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photodynamic therapy (PDT), high-intensity focused ultrasound therapy (HIFU), photothermal therapy (PPT) and sonodynamic therapy [3]. The ever-increasing success of these therapies is due to their ability to induce the death of prokaryotic and eukaryotic cells through key cellular mechanisms such as that of induction of NP-mediated reactive oxygen species (ROS) generation [22]. Some NPs, once released into the body through different internalization methods such as oral, parenteral, inhalation administration and skin adsorption, can affect redox homeostasis both by generating ROS or lessening scavenging pathways [4].

Titanium dioxide (TiO2) is one of the most extensively used nanomaterials for several applications, but the photocatalytic properties of TiO2NPs have raised many issues as a result of ROS generation while UV irradiation is performed. Indeed, electrons in the TiO2 valence band absorb the photon energy under UVA irradiation, and jump to the conduction band, allowing extraction of electrons from water or hydroxyl ions generating hydroxyl radicals by valence band holes. Other methods of ROS formation, such as superoxide anion and singlet oxygen by additionally mechanisms, have also been demonstrated [5].

The photocatalytic properties of this NP make TiO2 a valuable competitor for some biomedical applications, such as in killing microorganisms and treating malignant tumors. From this initial investigation, other researchers have studied the cytotoxicity by photoexcited TiO2 on cancer cells, but more intriguing has been two recent scientific works where the TiO2NPs have been found to be effective in PTT against a melanoma cancer model and also as sonosensitizer in SDT against a breast cancer model [6].

NPs of varying chemical composition such as metal oxides have been shown to induce oxidative stress and, in this regard, NPs have been reported to influence intracellular calcium concentrations, activate transcription factors and modulate cytokine production via generation of free radicals [7]. The main key factors involved in NP-induced ROS include: prooxidant functional groups on the reactive surface of NPs, active redox cycling on the surface of NPs due to transition metal-based NPs (MNPs), and particle-cell interactions. With regards to these key factors, several studies have shown the significance of reactive particle surfaces in ROS generation [8]. Our research experience has prompted us in pursuing this research [9-20]. This survey was conducted for assessing the awareness of Biomedical Applications of Reactive Oxygen Species Generation by Titanium Nanoparticles among dental students.

## Materials and Methods

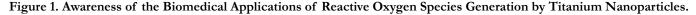
A cross-section research was conducted with a self-administered questionnaire containing ten questions distributed amongst 100 dental students. The questionnaire assessed the awareness about Reactive Oxygen Species Generation by Titanium Nanoparticles, their photocatalytic properties, anti-cancer properties, prooxidant effects, mechanism of action and toxicity effects, the responses were recorded and analysed.

### Results

10% of the respondents were aware of the Biomedical Applications of Reactive Oxygen Species Generation by Titanium Nanoparticles (Fig 1). 9 % were aware of photocatalytic properties of Titanium Nanoparticle (Fig 2), 5% were aware of anti-cancer activities of Titanium Nanoparticles (Fig 3), 5% were aware of prooxidant effects of Titanium Nanoparticles (Fig 4) and, 5% were aware of mechanism of action and toxicity effects, of Titanium Nanoparticles (Fig 5).

## Discussion

Reactive oxygen species, key signaling molecules during cell signaling and homeostasis, are produced in cells by oxidases, originating from the excitation and univalent reduction of the molecular oxygen, which leads to the generation of hydroxyl radicals, superoxide anion and hydrogen peroxide [21]. Briefly, molecular oxygen generates superoxide anion, the primary ROS, via reduction of one electron catalyzed by nicotinamide adenine dinucleo-



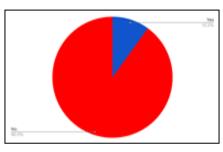


Figure 2. Awareness of the photocatalytic properties of Titanium Nanoparticle.

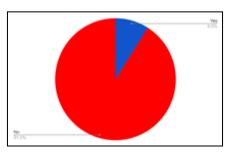


Figure 3. Awareness of the anti-cancer activities of Titanium Nanoparticles.

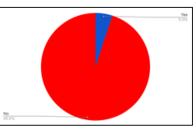


Figure 4. Awareness of the prooxidant effects of Titanium Nanoparticles.

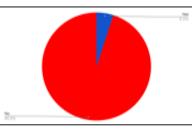
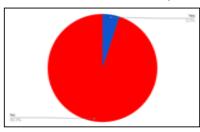


Figure 5. Awareness of the mechanism of action and toxicity effects, of Titanium Nanoparticles



tide phosphate (NADPH) oxidase. Further reduction of oxygen may either lead to hydrogen peroxide or hydroxyl radicals via dismutation and metal-catalyzed Fenton reaction, respectively [22]. Some of the endogenous sources of ROS include mitochondrial respiration, inflammatory response, microsomes and peroxisomes. However, the occurrence of free radicals from essential byproducts of mitochondrial respiration and transition metal ioncatalyzed Fenton-type reactions mainly can regulate many signal transduction paths in a dose-dependent way. While low or medium ROS levels raise mitogenic signaling via reversible oxidations, high ROS levels lead to nucleic acids and lipid oxidation and peroxidation, resulting in cellular apoptosis and necrosis phenomena [23].

The photocatalytic properties of this NP make TiO2 a valuable competitor for some biomedical applications, such as in killing microorganisms and treating malignant tumors [24]. The latter application has been investigated since 1992, when Sakai et al. studied the effect of photoexcited TiO2 on cancer cells in in vitro studies [25]. From this initial investigation, other researchers have studied the cytotoxicity by photoexcited TiO2 on cancer cells [26], but more intriguing has been two recent scientific works where the TiO2NPs have been found to be effective in PTT against a melanoma cancer model and also as sonosensitizer in SDT against a breast cancer model [6].

The investigators assessed the application of PEGylated TiO2NPs in inducing hyperthermia and necrosis in in vivo melanoma tumors after PTT consisting of a continuous wave near-infrared (NIR) laser diode at 808 nm wavelength with an intensity of 2 W/cm2 for seven minutes. Four mice groups were enrolled in the experiments and the main result showed that in the PEGylated TiO2NPs + laser therapy group, not only did the tumor growth cease, but the tumor size also shrank according to the ultrasonography images and the histopathological examination in the three days following the experiment. Interestingly, five mice from the PEGylated TiO2NPs + laser therapy group were euthanized after three months of follow-up to demonstrate biocompatibility of these PEGylated TiO2NPs. However, no data about the survival rate of those animals were reported.

The latter work investigated TiO2NPs, more precisely the spherical carbon-doped titanium dioxide nanoparticles (C-doped TiO2NPs), as a sonosensitizer in SDT in order to overcome the major limitation associated with cancer therapies that involve electromagnetic waves, i.e., the shallow penetration depth of light sources into tumor tissue [27]. Taking this into consideration, Yang and colleagues investigated whether C-doped TiO2NPs were able to suppress the proliferation of 4T1 breast cancer cell line in both in vitro and in vivo models in combination with US treatment (US frequency of 1.0 MHz and a duty cycle of 50% with a negative pressure of 0.33 MPa and intensity of 1.8 W/cm2 for 90 s) in order to inhibit tumor growth.

Firstly, in the in vitro study, the authors quantified ROS production between treatment groups and found that C-doped TiO2NPs, in combination with US, significantly increased the level of ROS compared to control group. This result corroborated that, under US irradiation, ROS generation could be improved in the presence of C-doped TiO2NPs. Thereafter SDT cytotoxicity was evaluated confirming that SDT, i.e., 4T1 cells cultured with C-doped TiO2NPs and subjected to US exposure, induced higher cytotoxicity in 4T1 cells than the other treatment groups. Interesting was the speculation about the possible pathway of cell damage induced by SDT, where the authors suggested a role of sonoluminescence in the C-doped TiO2NPs activation to generate more ROS and kill 4T1 breast cancer cells [28].

Finally, in this work, to further investigate the cell death of 4T1 cells induced by SDT, an in vivo study was performed. Groups of 5 nude mice were enrolled, all bearing subcutaneous 4TI breast cancer cells, and the data showed that the C-doped TiO2NPs group (150 mg/mL C-doped TiO2NPs at day 0 and day 7) and US group (PBS at day 0 and day 7) could not suppress the tumor growth, while the SDT group (150 mg/mL C-doped TiO2NPs at day 0 and day 7 with US exposure) was able to significantly delay tumor growth in that the relative tumor volume at endpoint was almost half that of other control groups. Moreover, by using histologic staining of the tumor site, authors observed that SDT enhanced the ability to cause 4T1 cell death compared to the other groups, confirming that C-doped TiO2NPs could be considered as sonosensitizers for sonodynamic treatments, and in general as an efficient strategy for alternative cancer treatments.

In addition to the prooxidant effect of NPs, ROS are also induced endogenously where the mitochondrion is a major cell target for NP-induced oxidative stress. Specifically, once NPs gain access into the mitochondria, they stimulate ROS via impaired electron transport chain, structural damage, activation of NADPH-like enzyme systems and depolarization of the mitochondrial membrane [29, 30].

Despite these promising results, MNPs' potential drug ability requires further extensive evaluation before they can reach clinical applications. Therefore, future research involving MNPs should consist of robust clinical studies with a predominant focus on acceleration of their clinical translation for biomedical uses.

#### Conclusion

There is limited awareness amongst dental students about Biomedical Applications of Reactive Oxygen Species Generation by Titanium Nanoparticles. Enhanced awareness initiatives and dental educational programmes together with increased importance for curriculum improvements that further promote knowledge and awareness of Titanium Nanoparticles therapy.

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