

## Association of Age and Gender of Patients Who Underwent Perforation Repair Done in Mandibular First Molar

Research Article

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### Abstract

Perforation is an artificial communication between the root canal system and supporting tissues of the teeth. Root perforation complicates the treatment and deprives the prognosis if not properly managed. Literature shows many reviews on diagnosis, treatment plan and factors affecting prognosis of perforation repair; but none of these articles elaborated upon age and gender association of patients undergoing perforation repair. The present article aims to evaluate the association between age and gender of patients who underwent perforation repair in mandibular first molar. The study sample consists of all patients between the age group 18-60 years who underwent perforation repair in mandibular first molar from June 2019 – April 2020 at the SDC. The data collected were analysed for the number, age, gender and material used for perforation repair. For a comparison between different variables, statistical package IBM SPSS version 21.0, SPSS, Chicago II, USA software analyzer was used and the statistics were obtained. Chi - square analysis was done and there was no statistically significant association between age and gender. (Pearson chi - square value: 0.027, df: 1, p-value: 0.869>0.05) Whereas there is a statistically significant association between gender and tooth number. (Pearson chi - square value: 4.267, df: 1, p-value: 0.039<0.05) In this study, we can contemplate that females have undergone more perforation repair when compared to males. Whereas, people of age groups 30-60 years have undergone more perforation repair in the mandibular first molar. In addition, bio aggregate material is the most used perforation repair material when compared to RMGIC and GIC. Within the limitations, the age group 30 years and above underwent more perforation repair in the mandibular first molar than the age group 18-30 years. The female population seems to have undergone more perforation repair in the mandibular first molar.

**Keywords:** Age; Bio Aggregate Material; Gender; Mandibular 1<sup>st</sup> Molar; Perforation Repair.

### Introduction

Root perforations can occur pathologically as a result of resorption and caries or iatrogenically during root canal treatment [28]. Such perforations might compromise the treatment outcome and persist as a significant complication if not repaired. Perforation might occur during preparation of access cavities, post space or may occur as a result of extension of internal resorption into peri radicular tissues [2]. In multi-rooted teeth where the furcation is perforated, the prognosis differs according to the factors described for single-rooted teeth.

Accidental root perforations do occur in approximately 2–12% of endodontically treated teeth that might have serious implications [13, 48, 19, 23, 51, 9]. This perforation acts as an open channel encouraging bacterial entry either from root canal or periodontal tissues or both eliciting inflammatory response that results in fistulae including bone resorptive processes may follow. When perforation occurs laterally or in the furcation area there might be overgrowth of gingival epithelium towards the perforation site worsening prognosis of the tooth [54].

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Sufficient data is available regarding the prognosis of a tooth with perforation defects. Factors determining the prognosis include size and location of the defect, time, duration of exposure to contamination, the material used to repair it, the possibility of sealing the perforation and the accessibility to the main canal [16, 4].

The different material used to seal the perforation includes amalgam, gutta-percha, zinc oxide and glass ionomer cements, calcium hydroxide, composites were used. Newer materials such as MTA, biodentine, dentin chips, bioceramics, calcium enriched material, with and without the use of barrier could be used to seal the perforation [35]. Bio aggregate is a bio ceramic material composed of tricalcium silicate, dicalcium silicate, calcium phosphate monobasic, amorphous silicon dioxide and tantalumpent oxide [49]. It induces mineralized tissue formation and precipitation of apatite crystals that become larger with increasing immersion time suggesting it to be bioactive. It has comparable biocompatibility and sealing ability to MTA [59]. In a study by Hashem et al., concluded that MTA is more influenced by acidic pH than bio aggregate when used as perforation repair material [12].

Factors of significance to the prognosis for treatment are time, size, and shape of the perforation as well as its location impacts the potentials to control infection at the perforation site. The factor that is within the control of the operator is the choice of material to be utilized for furcation repair. Certain studies were done in the institutions (Ramamoorthi, Nivedhitha and Divyanand, 2015 [38]; Ramanathan and Solete, 2015 [40]; Noor, S Syed Shahaab and Pradeep, 2016 [29]; Kumar and Delphine Priscilla Antony, 2018 [22]; Manohar and Sharma, 2018 [24]; Nasim and Nandakumar, 2018 [27]; Nasim et al., 2018 [26]; Ramesh, Teja and Priya, 2018 [42]; Ravinthar and Jayalakshmi, 2018 [43]; Rajendran et al., 2019 [36]; R, Rajakeerthi and Ms, 2019 [45]; Siddique and Jayalakshmi, 2019 [50]; Teja. K., 2019 [53]; Janani, Palanivelu and Sandhya, 2020 [15]; Jose, P. and Subbaiyan, 2020 [17]). Frequently, the cause is iatrogenic as a result of the misaligned use of rotary burs amid endodontic access preparation and search for root canal orifices.

Previously our team has a rich experience in working on various research projects across multiple disciplines. (Jain, 2017 [14]); (Varghese, Ramesh and Veeraiyan, 2019 [55]); (Ashok and Ganapathy, 2019 [2]); (Padavala and Sukumaran, 2018 [30]); (Ke et al., 2019 [20]); (Ezhilarasan, 2018 [6]); (Krishnan et al., 2018 [21]); (Ezhilarasan, Sokal and Najimi, 2018 [8]); (Pandian, Krishnan and Kumar, 2018 [32]); (Ramamurthy and Mg, 2018 [39]); (Gupta, Ariga and Deogade, 2018 [11]); (Vikram et al., 2017 [58]); (Paramasivam, Vijayashree Priyadharsini and Raghunandhakumar, 2020 [33]); (Palati et al., 2020 [31]); (Samuel, Acharya and Rao, 2020 [47]). Now the growing trend in this area motivated us to pursue this project.

Thus this study aims to evaluate age and gender of patients who underwent perforation repair and also the material predominantly used.

## Materials and Methods

### Study Setting and Sampling:

This study is a single-center retrospective study, carried out in

the Department of Conservative and endodontic dentistry at the SDC. The pro of the study includes flexibility of the study, less time consumption and accessibility. The cons of the study are limitations in the population group. Our study was approved by the ethical board of Saveetha dental college – Institutional ethical committee [IEC]. Ethical approval number SDC/SIHEC/2020/DIASDATA/0619-0320. All available records of endodontic patients treated from June 2019 – April 2020, were examined and included in our data collection. A total of 16 case sheets were reviewed. The data was cross verified by another examiner to avoid errors. Cross verification of data was done using photographs and RVGs. Sampling bias was minimized by verifying the photographs and radiographs by an external reviewer. Simple random sampling was done to minimize sampling bias. It was generalized to the south Indian population. Two examiners were involved in the study.

### Data Collection/Tabulation:

After verification acquisition of data was done from the hospital digital database which records all patients details such as name, age, gender, tooth number and the number of patients undergoing perforation repair in mandibular first molar were tabulated in Microsoft Excel. The data was then entered in excel manually and imported to SPSS for analysis. Incomplete data and radiographs which were not adequate diagnostic accuracy were excluded from the study.

### Statistical Analysis:

Descriptive statistics were used to summarize the demographic information of the patients included in this study. Descriptive statistics is used for the acquisition of frequency of distribution of the data. The number of patients underwent perforation repair in mandibular first molar and clinical variables such as gender, and age at the start of treatment were collected. The statistical analysis was done using SPSS software (SPSS version 21.0, SPSS, Chicago II, USA). The data was analyzed using a chi-square test. The p value of less than 0.05 was considered to be statistically significant.

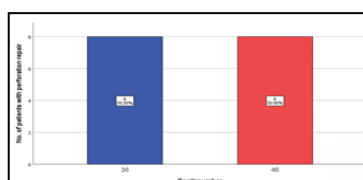
## Results & Discussion

It is observed that there is an equal number of patients undergone perforation repair in 36 and 46 (50%). (Graph 1) A higher number of patients who have undergone perforation repair were above 30 years of age (81.25%).(Graph 2) The graph shows that 37.50% of males and 62.50% of females have undergone perforation repair in the mandibular first molar. From which it is observed that females have undergone more perforation repair in the mandibular first molar when compared to males. (Graph 3) Out of 16 patients 13 of them have undergone perforation repair with bio aggregate material (81.25%), 2 of them with RMGIC (12.50%) and remaining 1 of them with GIC(6.255). From the chart it is observed that most of the patients were treated using the bio aggregate repair material.(81.25%) (Graph 4) It is observed that people of age group above 30 years have undergone more perforation repair than people of 18-30 years There was no significant difference between age and tooth number. (Graph 5) chi square analysis was done and P value was 0.039. This depicts that there is statistically significant association between gender

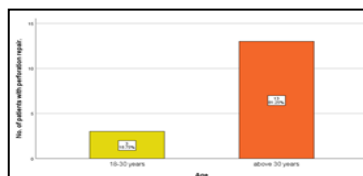
Table 1: This table shows that out of 16 patients 7 female patients and 1 male patient have undergone perforation repair in 36 and 5 male patients and 3 female patients have undergone perforation repair in 46. Female patients had undergone more perforation repair in the mandibular first molar when compared to male patients. P value was 0.039. This depicts that there is statistically significant association between gender and tooth number. (p value: 0.039<0.005).

		gender		Total	Chi-square value	P value
		male	female			
Tooth number	36	1	7	8		
	46	5	3	8	4.267	0.039
Total		6	10	16		

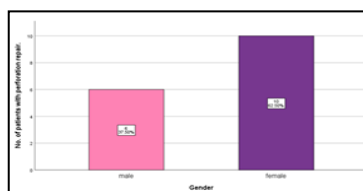
Graph 1: The Bar chart shows the frequency of tooth wise distribution of study population. X axis represents the tooth number - 36 & 46. Y Axis represents the number of patients with perforation repair. It is observed that high prevalence was noted in both 36 - 50% and 46 - 50%.



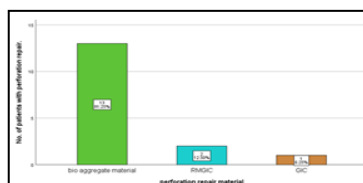
Graph 2: The Bar chart shows the frequency of age wise distribution of study population. X Axis represents the age group ranging - 18-30 years and above 30 years. Y Axis represents the number of patients with perforation repair. The highest frequency was noted at the age group above 30 years 81.25% followed by 18-30 years 18.75%.



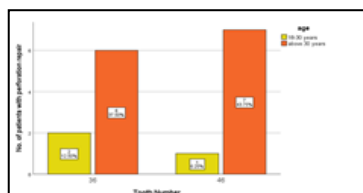
Graph 3: The Bar chart shows the frequency of gender wise distribution of study population. X Axis represents the gender - males and females. Y Axis represents the number of patients undergone perforation repair. The highest frequency was noted in females - 62.50% followed by males - 37.50%.



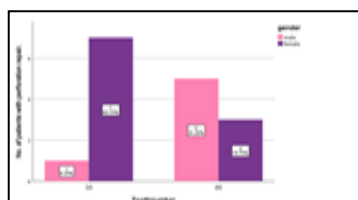
Graph 4: The Bar chart shows the frequency of perforation repair material. X Axis represents the perforation repair material - bio aggregate material; RMGIC; GIC. Y Axis represents the number of patients undergone perforation repair. It was observed that higher frequency was noted with bio aggregate - 81.25% followed by RMGIC - 12.50% and GIC 6.25%.



Graph 5: The Bar chart represents the association between gender and teeth number. X Axis represents the tooth number and Y Axis represents the age. It is observed that people of age group above 30 years have undergone more perforation repair than people of 18-30 years There was no significant difference between age and tooth number.(Chi-Square test, p value:0.522 (p>0.05 statistically non-significant)).



Graph 6: The Bar chart represents the association between gender and teeth number. X Axis represents the tooth number and Y Axis represents the number of patients undergone perforation repair. It is observed that a higher number of female patients have undergone perforation repair than male patients There was a significant difference between gender and tooth number.(Chi-Square test, p value:0.039 (p<0.05 statistically significant)).



and tooth number. (p value:  $0.039 < 0.005$ ). (Table 1) It is observed that females (43.75%) have undergone more perforation repair in 36 than males (6.25%). The male populations (31.25%) have undergone more perforation repair in 46 than the female population (18.75%). (Graph 6).

The etiology of root perforations can be pathological, i.e. secondary to resorption or caries, or iatrogenic, occurring during root canal treatment. Approximately 2–12% of endodontically treated teeth show accidental root perforations. These act as an open channel between the root canal and surrounding periodontium facilitating bacterial entry. When the perforation occurs laterally or in the furcation area, it might be followed by an overgrowth of gingival epithelium towards the perforation site. Perforations may occur during access cavity preparation, post space preparation or as a result of pathological internal resorption extending into the periradicular tissues [12].

In this study, the female population had undergone more perforation repair in the mandibular first molar. The perforation may occur during access cavity preparation, post space preparation or as a result of pathological internal resorption extending into the peri radicular tissues. Fuss & Trope have proposed a classification of root perforations based on the level at which the defect occurs [10].

The people of age groups 30-60 years have more Root, furcal perforation and have undergone perforation repair in the mandibular first molar. This can be overcome by Kvinnsland [23] found that attempts to negotiate calcified canals resulted in 42% of the reported perforations in their study.

The life of an endodontically treated tooth is associated with correct diagnosis and treatment planning, root canal shaping, sanitization, sealing, and, lastly, tooth rehabilitation. The successful treatment of a root perforation depends on certain factors, like sealing material, perforation extent and location, time between diagnosis and treatment, presence of contamination and related operator experience, presence of preoperative lesions, communication of the perforation with the oral environment, and type and quality of the final restoration. The material recommended for treatment of root canal perforations should have good physico-chemical and biological properties, proper sealing capacity, antimicrobial activity and osteogenic potential [5].

In this study, bio aggregate material is predominantly used as perforation materials when compared to GIC and RMGIC. The sealing ability and biocompatibility of bio aggregate is compared to that of the MTA which has been considered as an ideal material for perforation repair, apexification etc [18].

Our institution is passionate about high quality evidence based research and has excelled in various fields (Pc, Marimuthu and Devadoss, 2018 [34]; Ramesh et al., 2018 [41]; Vijayashree Priyadharsini, Smiline Girija and Paramasivam, 2018 [57]; Ezhilarasan, Apoorva and Ashok Vardhan, 2019 [7]; Ramadurai et al., 2019 [37]; Sridharan et al., 2019 [52]; Vijayashree Priyadharsini, 2019 [56]; Chandrasekar et al., 2020 [3]; Mathew et al., 2020 [25]; R et al., 2020 [44]; Samuel, 2021 [46]). We hope this study adds to this rich legacy.

## Conclusion

Within the limitations of the current study, the age group 30 years and above underwent more perforation repair in the mandibular first molar than the age group 18-30 years. There is no statistically significant difference between the age and gender of the patients who underwent perforation repair in mandibular first molar. The female population seems to have undergone more perforation repair in the mandibular first molar. There is statistically significant difference between the gender and tooth number of the patients who underwent perforation repair in mandibular first molar.

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