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## Alveoloplasty in Complete Denture Patients - A Retrospective Study

Research Article

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#### Abstract

Preprosthetic surgery is an integral part of complete denture prosthodontics. The ultimate goal of pre prosthetic surgery is to prepare a mouth to receive dental prosthesis by redesigning and smoothening bony edges which would otherwise cause hindrance in restoration of optimum health and function. This study was done to determine the prevalence of alveoloplasty done among complete denture patients. It is hospital based study, were patients case sheet were reviewed and analysed from the time period of june 2019-march 2020 at saveetha dental college and hospitals. A total of 86,000 were reviewed out of which 393 patients were complete denture patients. Incidence of alveoloplasty was analysed using SPSS software.

In our present study a total of 393 patients' case sheets were reviewed out of which only 39 patients had undergone alveoloplasty, whereas 351 patients did not undergo any type of pre-prosthetic surgery. 9.92% of completely edentulous patients have undergone alveoloplasty. 5.1% of the males and 4.85 % of the female completely edentulous patients underwent alveoloplasty, however, no statistically significant differences between both the groups were observed. (Pearson Chi square test; P= 0.416, P>0.05). With the limitation of our study, patients who underwent alveoloplasty before receiving complete denture were found to be minimal. Alveoloplasty should be mandated in suitable situations to ensure better health of complete denture patients and eventually to improve comfort and success rate.

Keywords: Complete Denture; Pre-Prosthetic Surgery; Alveoloplasty; Hard Tissue; Denture Bearing Area.

## Introduction

Preprosthetic surgery is an integral part of complete denture prosthodontic surgery is done to provide a better anatomic environment and to create a proper supporting structure of denture constitution [44]. Lawson raised a question: "Why should it be assumed that full denture is the one type of dental restoration for which the mouth is already perfectly designed" [24]. Most of the time significant enhancement can often be achieved by surgical preparation before denture construction. The main function of preprosthetic surgery are to eliminate the pathology in the denture bearing soft and hard tissues of the denture base and ridge improvement [16, 19, 21].

Objective of pre prosthodontic procedure is Correcting conditions that preclude optimal prosthetic function [10]. Hyperplastic replacement of resorbed ridges, unfavourable located frenulum attachments, bony prominences and undercuts should be corrected before complete denture treatment.

Alveoloplasty is one of the most common pre-prosthodontic surgical procedures done in dental practice. The aim of the prosthetic surgery is to improve the quality and condition of the hard and soft tissues of the oral supporting structures. So, that they have better retention, stability and support to the dental prosthesis [4, 41]. The bony prominences are removed by means of alveoloplasty and alveolectomy. "Alveoloplasty" is the term used to describe the trimming and removal of the labial buccal alveolar long

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along with some internal and interradicular bone and is carried out at the time of extraction and after the extraction of the teeth. When surgery is planned on edentulous ridge, incision should be made on the crest of the alveolar ridge; usually the envelope flap would suffice, but releasing incision can be made on the labial side to provide a broad base to the flap, [14, 43].

Edentulism is the condition of being toothless. Fall/removal of some teeth results in partial edentulism, whereas loss of all the teeth results in complete edentulism. Edentulism can affect the functional and sensory disturbances to the oral mucosa and salivary gland eddentulous patients are liable to reduce the tissue reformation and reduce tissue concentration that affects the protective function of the oral mucosa [25, 47]

Previously our team has a rich experience in working on various research projects across multiple disciplines. (Jain, 2017 [18]); (Varghese, Ramesh and Veeraiyan, 2019 [45]); (Ashok and Ganapathy, 2019 [2]); (Padavala and Sukumaran, 2018 [29]); (Ke et al., 2019 [22]); (Ezhilarasan, 2018 [11]); (Krishnan et al., 2018 [23]); (Ezhilarasan, Sokal and Najimi, 2018 [11]); (Pandian, Krishnan and Kumar, 2018 [31]); (Ramamurthy and Mg, 2018 [35]); (Gupta, Ariga and Deogade, 2018 [15]); (Vikram et al., 2017 [50]); (Paramasivam, Vijayashree Priyadharsini and Raghunandhakumar, 2020 [32]); (Palati et al., 2020 [30]); (Samuel, Acharya and Rao, 2020 [40]). Now the growing trend in this area motivated us to pursue this project

This study is done to determine the prevalence of alveoloplasty done among complete denture patients.

#### Materials and Methods

### Study design and study setting:

The study is the retrospective study. Information regarding the patient's treatment was collected from patients' case sheet records.

#### Participants:

All patients who have undergone complete denture treatment and patients who have undergone alveoloplasty from the Department of prosthodontics and Department oral and maxillofacial urgent were added to the study.

#### Ethical approval:

The ethical approval for the research (SDC/SIHEC/2020/DI-ASDATA/0619-0320) was issued by the ethical committee of Saveetha Dental college, Saveetha Institute of medical and Technical science, Saveetha University, Chennai

#### Study size:

Total numbers of patients in the study were 393.

#### Data Analysis:

The data was collected from patient reports in hospitals, The obtained data was entered in Microsoft excel 2012. Then exported to statistical package for social science for windows (version 20.0.SPSS Inc. Chicago III, USA) and all subjected to statistical analysis. Chi square test was employed with a level of significance set at P 0.05.

#### Results

In our present study figure 1 shows frequency of alveoloplasty in complete denture patients. Patients who have not done alveoloplasty accounted for 353 which is 89.9%, Patients who have undergone alveoloplasty procedure accounted for 39 which was 9.9%. Figure 2 shows the association between alveoloplasty in complete denture patients and gender. In a total of 393 patients 165 were female patients. In that 146 female patients did not undergo any alveoloplasty and 19 patients underwent alveoloplasty. Total number of male patients were 225, out of which patients

Figure 1: Frequency bar graph showing patients undergone alveoloplasty procedure. Where, X-axis denotes the alveoloplasty and Y-axis denotes the total number of patients. Patients who have done alveoloplasty (Green) accounts for 9.94%, Patients who have not done alveoloplasty (violet) accounts for 90%.

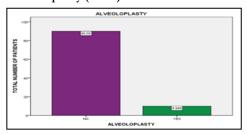
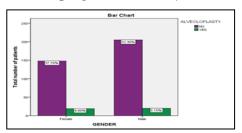


Figure 2: Shows the association between gender and alveoloplasty done. X axis represents Gender and Y- axis represents the number of patients 5.1% of the males and 4.85 % of the female completely edentulous patients underwent alveoloplasty, however, no statistically significant differences between both the groups were observed. (Pearson Chi square test; P= 0.416, P>0.05).



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who have undergone alveoloplasty were 20 .5.1% of the males and 4.85% of the female completely edentulous patients underwent alveoloplasty, however, no statistically significant differences between both the groups were observed. (Pearson Chi square test; P=0.416, P>0.05).

#### Discussion

The teeth have major role in facial appearance, speech and eating in human life. There are many evidences demonstrating the negative effects of edentulism on the oral health [17, 28]. Edentulism have a negative influence on oral function, social behaviour and everyday activities. Often there will be a compromised are low self-esteem and fall in the psychosocial wellbeing because of the limitation of the oro facial function of day to day activity [27, 3]. Edentulous people may restrict themselves from participating in social activities and gathering as they feel embarrassed to smile, speech or eat in from nt of others, which often makes them isolated [38, 46]. In such kind of individuals wearing denture could improve their facial and oral appearance. It can also help in improving their facial appearance. It will improve social interactions which may increase their self-esteem and can lead to wellbeing state [5, 20].

The pre-prosthetic surgery is done to prepare the mouth before the placement of denture. Some patients require minor oral surgical procedure before receiving a partial or complete denture to ensure maximum level of comfort [9, 6]. A denture sits on the bone ridge so, it is very important that the bone is proper shape and size. Procedure for preparing include bone smoothing, reshaping, removal of excess bone and gum tissue excess removal [8, 1]. Pre-prosthetic surgery thus serves as an adjunct for the development of a denture foundation that enables fabrication of well fitted and comfortable prosthetics.

Our institution is passionate about high quality evidence based research and has excelled in various fields (Pc, Marimuthu and Devadoss, 2018 [33]; Ramesh et al., 2018 [36]; Vijayashree Priyadharsini, Smiline Girija and Paramasivam, 2018 [49]; Ezhilarasan, Apoorva and Ashok Vardhan, 2019 [12]; Ramadurai et al., 2019 [34]; Sridharan et al., 2019 [42]; Vijayashree Priyadharsini, 2019 [48]; Chandrasekar et al., 2020 [7]; Mathew et al., 2020 [26]; R et al., 2020 [37]; Samuel, 2021 [39]). We hope this study adds to this rich legacy.

## Conclusion

With the limitation of our study, Patients who underwent alveoloplasty before receiving complete denture were found to be minimal. Alveoloplasty should be mandated in suitable situations to ensure better health of complete denture patients and eventually to improve comfort and success rate.

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