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Correlation Between Gender and Soft Tissue Characteristics Of Face Among South Indian Population Of Various Skeletal Malocclusion

Research Article

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Abstract

Every face is unique and this variation also exists between genders. This forms the basis of sexual dimorphism. The aim of this study was to determine the correlation between gender and soft tissue of face among the south indian population. The study sample comprised 30 lateral cephalograms collected between the time period of June 2019 - March 2020, which were divided into 3 groups. FACAD software was used for the analysis of lateral cephalograms to obtain six variables, namely: glabella area (G-G1), subnasal area (A-Sn), Upper lip thickness (J-Ls), Lower lip thickness (I-Li), Labiomental sulcus thickness (B-Sm), Chin area (Pg-Pg1). The obtained results were tabulated and statistically analysed using SPSS software version 23. One way ANOVA and post hoc tests were performed between the skeletal malocclusions. Independent t- test was done to compare the variables between the two genders. The obtained results show a mean increase in all the variables of Class II except Lower lip thickness, which was maximum in Class I skeletal malocclusion. The results of One way ANOVA however, was statistically insignificant. Hence, soft tissue characteristics can provide vital information on the sexual dimorphism and also aid in the diagnosis of various malocclusions in orthodontics.

Keywords: Dimorphism; Gender; Lateral Cephalogram; Soft Tissue.

Introduction

Face is the esthetic and appealing part of the body. The first thing a person recalls from memory is the face of another person [20] Variations in the skeleton can easily be reflected by variations in the soft tissue surrounding it, due to its close proximity. Dentoskeletal structures and the facial soft tissue thickness together constitute the facial profile.

Skeletal malocclusions are the discrepancies of the skeletal structures of the face due to genetic, environmental conditions or both. It can be due to the prognathism of a specific jaw or retrognathism of the opposing jaw or a combination of both. Based on this combination, they can be classified as Class I, Class II and Class III [6, 19]. Apart from adding to the esthetic appeal to the face, the soft tissue also effectively compensates for the skeletal defects, hence masking it in minor discrepancies. The soft tissue is also affected by the position of the tooth and its inclinations. Lateral cephalogram is a supplemental aid that can be used to analyse hard and soft tissue structures 2-dimensionally [2, 4]. A well taken lateral cephalogram usually records both these structures adequately, enabling the examiner to visualize the soft tissue characteristics with ease.

There is a difference in the morphology of male and female hard and soft tissue structures. This is referred to as sexual dimorphism. Females are believed to retain most of their prepubertal traits, whereas male undergo enormous changes in terms of soft tissue characteristics as well [12]. Hence, the purpose of this study was to compare the correlation between gender and soft tissue

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characteristics of various skeletal malocclusions of the south indian population.

Materials and Methods

The retrospective study consisted of 30 lateral cephalograms, collected between the time period of June 2019 - March 2020. These lateral cephalograms were divided into 3 groups, namely:

Group A - Class I skeletal pattern.

Group B - Class II skeletal pattern.

Group C - Class III skeletal pattern.

Each group contained 10 radiographs, pertaining to their skeletal relationship. The data was collected from the Saveetha Institute of Medical and Technical Sciences (SIMATS) university database. Ethical approval was obtained from the institutional review board. FACAD software was used for analysis of the lateral cephalograms. Points were plotted using this software to obtain linear measurements. The plotted points were verified and approved by the other authors. The following variables were taken into consideration:

Glabella Area : G-G1 Subnasal Area : A-Sn Upper Lip Thickness : J-Ls Lower Lip Thickness : I-Li Labiomental Sulcus Thickness : B-Sm Chin Area : Pg-Pg1

Linear measurements of all the aforementioned variables were obtained. The obtained results were subjected to statistical analysis using SPSS software version 23. One way ANOVA, post hoc and Bonferroni tests were performed to compare the variables

				Dese	criptives				
		N Mean		Std. Devia-	Std. Error		nfidence for Mean	Mini-	Maxi-
		17	Mean	tion	Stu. Ellor	Lower Bound	Upper Bound	mum	mum
	Class I	10	5.270	0.9866	0.3120	4.564	5.976	3.7	6.8
G-G'*	Class II	10	5.510	1.0082	0.3188	4.789	6.231	4.2	6.8
6-6	Class III	10	4.010	1.1070	0.3501	3.218	4.802	2.4	5.5
	Total	30	4.930	1.2023	0.2195	4.481	5.379	2.4	6.8
A-Sn**	Class I	10	13.890	3.3017	1.0441	11.528	16.252	7.2	18.8
	Class II	10	14.850	1.7784	0.5624	13.578	16.122	12.7	18.0
A-Sn	Class III	10	13.720	4.5672	1.4443	10.453	16.987	7.3	20.0
	Total	30	14.153	3.3308	0.6081	12.910	15.397	7.2	20
	Class I	10	7.320	1.3323	0.4213	6.367	8.273	4.7	9.2
J-Ls***	Class II	10	9.410	2.9335	0.9277	7.311	11.509	6.2	15.8
J-LS	Class III	10	9.000	3.0467	0.9634	6.821	11.179	5.1	13.0
	Total	30	8.577	2.6359	0.4813	7.592	9.561	4.7	15.8
	Class I	10	11.650	2.5247	0.7984	9.844	13.456	7.4	15.2
I-Li****	Class II	10	11.620	2.1343	0.6749	10.093	13.147	7.8	14.2
1-1.1	Class III	10	10.360	3.3450	1.0578	7.967	12.753	5.9	14.3
	Total	30	11.210	2.6904	0.4912	10.205	12.215	5.9	15.2
	Class I	10	10.830	1.9351	0.6119	9.446	12.214	6.9	13.8
B-Sm****	Class II	10	13.110	3.3418	1.0568	10.719	15.501	8.1	18.8
D-SM	Class III	10	8.970	2.6094	0.8252	7.103	10.837	4.6	11.9
	Total	30	10.970	3.1155	0.5688	9.807	12.133	4.6	18.8
	Class I	10	10.210	2.5519	0.8070	8.384	12.036	6.6	13.5
D~ D-'*****	Class II	10	11.060	2.1849	0.6909	9.497	12.623	7.3	14.1
Pg-Pg'*****	Class III	10	8.550	2.5864	0.8179	6.700	10.400	4.8	11.5
	Total	30	9.940	2.5889	0.4727	8.973	10.907	4.8	14.1

Glabella area

**Subnasal area

***Upper lip thickness

****Lower lip thickness

*****Labiomental sulcus thickness

******Chin area

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between malocclusion. Independent T test was done between genders to compare their soft tissue characteristics of face.

Results and Discussion

The descriptive statistics showing the mean and standard deviation of the variables within the malocclusion is depicted in (Table 1). Class II skeletal group showed the maximum thickness of all the soft tissue variables, except Lower lip thickness (I-Li), which is shown to be thickest in Class I skeletal groups. Class III skeletal pattern exhibited the least thickness of soft tissue characteristics of the face.

The mean and standard deviation of variables between gender is shown in (Table 2). Males showed increased thickness of all the variables except soft tissue gonion and pogonion thickness, which were thicker in females.

The results for One way ANOVA is shown in (Table 3). When comparing the groups between each other, the results were insignificant.

(Table 4,5,6) show the results for independent t- test, which are statistically insignificant.

Previously, our team had conducted numerous clinical trials (Samantha et al., 2017) [23], in vitro studies [15, 18, 22, 8, 9, 28, 27], Finite element studies [13, 17, 26] and a couple of prospective studies [7, 8, 9, 10, 11, 21]. Over the past 5 years. Now we are focusing on this retrospective study, done with the data obtained from our vast database. The idea for this study stemmed from the current interest in our community on the soft tissue paradigm shift.

Orthodontic treatment has always been directed towards the

treatment of the face, rather than the skeleton. Although skeletal tissues are also considered important, the final outlook of the soft tissue dictates the success/failure of the treatment [3]. This study was aimed at providing a standard for male and female soft tissue characteristics, as it will aid in the diagnosis and effective treatment planning. The soft tissue in conjecture with the hard tissue norms are helpful in establishing ideal facial esthetics and occlusion [14].

The finding of our retrospective study shows that the thickness of glabella, subnasale, upper lip, labiomental sulcus and chin are maximum in Class II skeletal pattern, followed by Class I skeletal pattern. Lower lip thickness however, is thickest in Class I skeletal pattern, followed by Class II skeletal pattern. Class III showed the least thickness of all the variables. This is in accordance to the results reported by Perovic et al., in his research [20]. When comparing genders, the thickness of gonion and pogonion is more in females compared to males. This is in agreement with the studies conducted in the north indian population [24]. The results when subjected to One way ANOVA and independent t tests to compare the variables among the other groups and between the gender, yielded statistically insignificant results.

Radiographs can be a valuable aid in diagnosis of a malocclusion. It is easily accessible and can be transferred over the internet. OPGs and CBCT also aid in the ease of implant placements and planning for any sort of implants. They are vital in ruling out individual tooth anomalies as well that might hinder orthodontic tooth movement.

Lateral cephalograms have become a routine in the daily orthodontic practice. Many skeletal discrepancies are precisely diagnosed using lateral cephalometric analysis. The analysis of vertebrae and sella turcica dimensions have also been shown to have diagnostic relevance. Similarly, angular photogrammetric analysis

Table 2. Descriptive statistics showing mean and standard deviation betw	veen genders.

Group Statistics									
	Sex	Ν	Mean	Std. Devia- tion	Std. Error Mean				
G-G [*]	Male	15	4.860	1.2141	0.3135				
6-6	Female	15	5.000	1.2288	0.3173				
A-Sn**	Male	15	14.520	3.6163	0.9337				
	Female	15	13.787	3.1009	0.8006				
IT ***	Male	15	9.153	3.0064	0.7762				
J-Ls***	Female	15	8.00	2.1544	0.5563				
I-Li****	Male	15	11.640	2.9354	0.7579				
1-1.1	Female	15	10.780	2.4455	0.6314				
D C *****	Male	15	11.327	3.4654	0.8948				
B-Sm****	Female	15	10.613	2.7972	0.7222				
D~ D~******	Male	15	9.327	2.2789	0.5884				
Pg-Pg*****	Female	15	10.553	2.8079	0.7250				

Glabella area

**Subnasal area

***Upper lip thickness

*****Lower lip thickness *****Labiomental sulcus thickness

******Chin area

		ANO	VA			
		Sum of Squares	df	Mean Square	F	Sig.
	Between Groups	12.984	2	6.492	6.057	.007*
G-G'	Within Groups	28.939	27	1.072		
	Total	41.923	29			
	Between Groups	7.425	2	3.712	0.319	.730**
A-Sn	Within Groups	314.310	27	11.641		
	Total	321.735	29			
	Between Groups	24.529	2	12.264	1.871	.173**
J-Ls	Within Groups	176.965	27	6.554		
	Total	201.494	29			
	Between Groups	10.842	2	5.421	0.735	.489**
I-Li	Within Groups	199.065	27	7.373		
	Total	209.907	29			
	Between Groups	85.992	2	42.996	5.938	.007*
B-Sm	Within Groups	195.491	27	7.240		
	Total	281.483	29			
	Between Groups	32.594	2	16.297	2.72	.084**
Pg-Pg'	Within Groups	161.778	27	5.992		
	Total	194.372	29			

Table 3. Compare between three malocclusions by One way ANOVA.

*Glabella area and labiomental sulcus thickness show statistical significance between three groups, as p value is <0.05.

**Subnasal area, Upper lip thickness, Lower lip thickness show statistical insignificance between three groups, as p value is >0.05.

have also been shown to produce reliable results in aiding the diagnosis of soft tissue deviations. This study could also be used as one such adjunct to the growing arsenal of diagnostic aids [25].

Kamalpreet et al., in his study has made use of MRI and CBCT to evaluate the soft tissue characteristics of the north east indian population [16]. Atashi et al. and Chen et al. have also reported changes in the thickness of soft tissue characters in males and females. They have cited these differences to be due to differences in their body mass index (BMI). Aggarwal et al., in his study has recommended the use of the soft tissue characteristics and variations in orthodontic treatment planning as they seemed to have significant clinical implications [1].

Soft tissue variations can be attributed to a variety of influencing factors, out of which gender is one such cause. The role of hormones such as testosterone in men which facilitates collagen formation, causing thicker soft tissue and estrogen in women, which decreases collagen formation due to the activity of hyaluronic acid, causing reduction in the soft tissue thickness, is noteworthy [5]. Further more, improving knowledge on the sexual dimorphism that exists between both the genders in terms of their soft tissue characteristics can aid one to formulate an effective treatment plan, that caters to the patients optimum requirements and establish a standard protocol of treatment.

Conclusion

With in the limits of the study it was concluded that establishment of a norm for soft tissue characteristics was the need of the hour as it can still provide vital clues in providing quality orthodontic therapy to the patients, by keeping the soft tissue structures ahead of the priority list.

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Table 4. Independent t test between the genders of Class I malocclusion.

			Ir	Idependent	Samples '	Гest					
		Test Equal	Levene's t-test for Equality of Means Test for quality of Variances								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Differ- ence	Std. Error Differ- ence	95% Co Interval o fere Lower		
G-G'	Equal variances as- sumed	0.303	.597*	-1.145	8	0.285	-0.7167	0.6262	-2.1606	0.7273	
	Equal variances not assumed			-1.114	5.981	0.308	-0.7167	0.6434	-2.2922	0.8589	
A-Sn	Equal variances as- sumed	3.683	.091*	0.214	8	0.836	0.4833	2.2540	-4.7145	5.6811	
	Equal variances not assumed			0.257	6.478	0.806	0.4833	1.8843	-4.0461	5.0128	
J-Ls	Equal variances as- sumed	2.369	.162*	1.296	8	0.231	1.0750	0.8292	-0.8372	2.9872	
	Equal variances not assumed			1.153	4.309	0.309	1.0750	0.9324	-1.4423	3.5923	
I-Li	Equal variances as- sumed	1.183	.308*	0.591	8	0.571	1.0000	1.6920	-2.9017	4.9017	
	Equal variances not assumed			0.650	8.000	0.534	1.0000	1.5381	-2.5468	4.5468	
B-Sm	Equal variances as- sumed	0.295	.602*	-1.353	8	0.213	-1.6167	1.1952	-4.3729	1.1395	
	Equal variances not assumed			-1.324	6.104	0.233	-1.6167	1.2212	-4.5925	1.3592	
Pg-Pg'	Equal variances as- sumed	0.175	.687*	-0.755	8	0.472	-1.2750	1.6880	-5.1675	2.6175	
	Equal variances not assumed			-0.799	7.680	0.448 s in Class I as	-1.2750	1.5962	-4.9828	2.4328	

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Independent Samples Test										
		Levene for Equ Varia	ality of			t-test for	Equality	of Means		
		F	Sig.	t	df	Sig. (2-tailed)	Mean Differ- ence	Interval Interval ffer- nce Error Differ- ence Interval fer 5250 0.6649 -1.0082 5250 0.6710 -1.0939 5250 0.6710 -1.0939 3333 1.0307 -0.5435 3333 1.1604 -1.3038 2333 1.8467 -2.0252 2333 2.0902 -3.4566 0917 1.2603 -0.8146 0917 1.0530 -0.4410		onfidence of the Dif- rence Upper
	Equal variances assumed	0.000	.991*	0.790	8	0.453	0.5250			2.0582
G-G'	Equal variances not as- sumed			0.782	6.374	0.462	0.5250	0.6710	-1.0939	2.1439
	Equal variances assumed	0.787	.401*	1.779	8	0.113	1.8333	1.0307	-0.5435	4.2102
A-Sn	Equal variances not as- sumed			1.580	4.292	0.184	1.8333	1.1604	-1.3038	4.9705
	Equal variances assumed	1.886	.207*	1.209	8	0.261	2.2333	1.8467	-2.0252	6.4918
J-Ls	Equal variances not as- sumed			1.068	4.212	0.343	2.2333	2.0902	-3.4566	7.9232
	Equal variances assumed	3.793	.087*	1.660	8	0.136	2.0917	1.2603	-0.8146	4.9979
I-Li	Equal variances not as- sumed			1.986	6.462	0.091	2.0917	1.0530	-0.4410	4.6243
	Equal variances assumed	1.603	.241*	2.247	8	0.055	4.0250	1.7916	-0.1064	8.1564
B-Sm	Equal variances not as- sumed			2.107	5.217	0.087	4.0250	1.9104	-0.8249	8.8749
	Equal variances assumed	0.488	.505*	-1.617	8	0.145	-2.1000	1.2986	-5.0947	0.8947
Pg-Pg'	Equal variances not as-			-1.557	5.755	0.172	-2.1000	1.3485	-5.4339	1.2339

Table 5. Independent t test between the genders of Class II malocclusion.

*there is no statistical significance between the variables in Class II as the p value is >0.05.

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				Inde	pendent Sa	mples Test						
		Equalit	s Test for y of Vari- aces	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Differ- ence	Std. Er- ror Dif- ference		ence Interval Difference		
							ence	lerence	Lower	Upper		
G-G'	Equal variances assumed	0.159	.701**	-0.189	8	0.855	-0.1400	0.7409	-1.8486	1.5686		
	Equal vari- ances not assumed			-0.189	7.929	0.855	-0.1400	0.7409	-1.8513	1.5713		
A-Sn	Equal variances assumed	0.988	.349**	0.118	8	0.909	0.3600	3.0611	-6.6990	7.4190		
	Equal vari- ances not assumed			0.118	7.397	0.910	0.3600	3.0611	-6.8005	7.5205		
J-Ls	Equal variances assumed	2.769	.135**	0.559	8	0.592	1.1200	2.0050	-3.5036	5.7436		
	Equal vari- ances not assumed			0.559	7.005	0.594	1.1200	2.0050	-3.6205	5.8605		
I-Li	Equal variances assumed	0.058	.815**	-0.179	8	0.863	-0.4000	2.2395	-5.5642	4.7642		
	Equal vari- ances not assumed			-0.179	7.876	0.863	-0.4000	2.2395	-5.5783	4.7783		
B-Sm	Equal variances assumed	1.576	.245**	0.428	8	0.680	0.7400	1.7308	-3.2512	4.7312		
	Equal vari- ances not assumed			0.428	7.504	0.681	0.7400	1.7308	-3.2976	4.7776		
Pg-Pg'	Equal variances assumed	9.068	.017*	-0.058	8	0.955	-0.1000	1.7346	-4.1001	3.9001		
	Equal vari- ances not assumed			-0.058	5.973	0.956	-0.1000	1.7346	-4.3492	4.1492		

Table 6. Independent t test between the genders of Class III malocclusion.

*there is statistical significance seen only in the chin area of Class III as the p value is <0.05.

*there is no statistical significance between the other variables in Class III as the p value is >0.05.